



# LLANGASTY

## RETREAT HOUSE

### Drop in Days 2026

An opportunity to pause for prayer and personal reflection –

Come for all or part of the day

Bring your own lunch

Coffee and tea provided

No charge, but donations welcome

10am – 4pm with Eucharist at 12 noon

Monday 12<sup>th</sup> January

Monday 2<sup>nd</sup> February

Monday 2<sup>nd</sup> March

Monday 30<sup>th</sup> March

Monday 27<sup>th</sup> April

Monday 18<sup>th</sup> May

Monday 15<sup>th</sup> June

Monday 6<sup>th</sup> July

Monday 10<sup>th</sup> August

Monday 7<sup>th</sup> September

Monday 5<sup>th</sup> October

Monday 2<sup>nd</sup> November

Monday 7<sup>th</sup> December



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Charity Number 1060743