



# LLANGASTY

## RETREAT HOUSE

### Individually Guided Retreat

10 to 14 July 2023

With Revd Jane Butler and Nigel Stanton

Step away from your everyday life into a space where there is nothing that needs to be done but to relax, pray and be open to God's love. You will meet with one of the guides each day. They will offer you material for prayer for the coming day and will listen to your experience of the previous day. Apart from your daily meeting, this will be a silent retreat, allowing you the freedom to be alone with God, yet in the company of others.

**Rev Jane Butler** is a trained spiritual director in the Ignatian tradition. She is Bishop's Adviser for prayer and spirituality for the Diocese of Monmouth (Church in Wales). She gives individually guided retreats in a number of retreat houses, offers weeks of guided prayer and has accompanied people in their daily lives for over a decade. Her joy is in accompanying people on their spiritual journey, as they seek to listen to the whispers of God.



Since retiring as a university lecturer, **Nigel Stanton** has worked in a number of Christian contexts, here and overseas. Nigel trained in spiritual direction at St Padarn's Institute (Church in Wales). He regularly accompanies people in daily life and has accompanied people during weeks of guided prayer. He enjoys creating safe spaces where people feel welcomed and accepted.

Arrive 12 noon Monday and depart after lunch Friday.

**Cost £ 395**

Llangasty Retreat House, Llangasty, Brecon, Powys, LD3 7PX

Tel: 01874 658250

email: [enquiries@llangasty.com](mailto:enquiries@llangasty.com)

[www.llangasty.com](http://www.llangasty.com)

Charity Number 1060743



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