



LLANGASTY

RETREAT HOUSE

Cader Idris: Paradoxes in a Mountain Landscape

Tuesdays 19 March, 30 April and 23 July 2019

Led by Revd Canon Dr Mark Clavier

Cader Idris, looming over the Irish Sea and Barmouth, has evoked stories from time immemorial. It's Arthur's Seat, the hunting grounds of Lord Gwyn ap Nudd of Annwn, the heights where the brave who spend the night either become poets or are struck dead, and the source of countless tales told my hillwalkers. It's also a place of paradoxes. The ancient heritage encountered in places like Mary Jones's Chapel and Castell y Bere nestle in a landscape that seems timeless, the silence of the mountain evokes a treasury of words, and wonder is found amidst the ordinary elements of rock, water, and air.

Drawing on his own overnight walks up Cader Idris, Mark Clavier uses its paradoxes to explore the deep paradoxes of the Christian faith. The first day will be devoted to the concepts of time and timelessness and what they tell us about God. The second day explores the place of silence in a faith centred on proclamation, drawing upon Ignatius of Antioch's image of Christ as the eternal Word uttered in the silence of God. The final quiet day turns to the spiritual idea of finding wonder and delight in the ordinary.

Each quiet day consists of worship, 2 or 3 talks, time for reflection and meditation, and (weather permitting) opportunities to find similar paradoxes in the landscape of Llangors Lake. The days are designed to be done together or as standalone days.



Mark is Residentiary Canon of Brecon Cathedral, a trustee of Llangasty Retreat House, and a former lecturer at two theological colleges. Originally from America, Mark served as a parish priest in the US for 14 years before moving to the UK. He has written four books, the most recent draws on Augustine of Hippo's thought to explore what it means to be a Christian in a consumer culture. He has trekked in the Appalachian Mountains, Snowdonia, the Norwegian Sunnmøre Alps, Iceland, and the Tour du Mont Blanc.

Coffee from 10am, commence 10:30, conclude by 4pm

Cost £30 each day, or a total of £80 if all three days booked at the same time.

Llangasty Retreat House, Llangasty, Brecon, Powys, LD3 7PX

Tel: 01874 658250

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email: enquiries@llangasty.com

Charity Number 1060743



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