



LLANGASTY

RETREAT HOUSE

Thursday 2nd May 2019
Quiet Day

Led by the Revd Canon Brendan O'Malley

Canon Brendan will give two addresses on the theme of Spiritual Direction and the Prayer of the Heart.

The programme will include the Eucharist and times for silent reflection.



Further details from Canon George Bennett bennettgandr@gmail.com

Bookings should be made to Llangasty Retreat House, details below.

Coffee from 10:30am to start promptly at 11:00, depart after Tea at 3:30pm.

Cost, including coffee, lunch and tea, **£24**

Llangasty Retreat House, Llangasty, Brecon, Powys, LD3 7PX

Tel: 01874 658250

email: enquiries@llangasty.com

www.llangasty.com

Charity Number 1060743



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