



Llangasty Retreat House Programme 2019

Residential Retreats

- March 5-7 "Pancakes and Ashes" Exploring Lent in a Celtic Way. Ven Alan Jevons £160
- April 23-28 "Rest, Work and Play" Time set aside for individuals to come and read, walk and be refreshed. Stays from a single night available. £75 per 24hrs full board
- June 10-13 "Parables of the Kingdom: their message for us today" Fr Colin Sutton £250
- July 29-
August 1 "The Transfigured Life" Using iconography as a resource to explore the relationship between our everyday lives and the unseen spiritual world. Revd Susan Mobberley £260
- August 6-13 CARM Embroidery Retreat. Ann Meek and Mildred Butterworth £450
- September 6-8 "Soul Spark". An introduction to silence. Revd Nick Helm £170
- September 16-20 CARM Painting Retreat. Kay Andrews and Mildred Butterworth £300
- September 30-
2 October "Messengers of Grace" Revd Canon George Bennett £170
- October 21-25 Individually Guided Retreat Revd John Hall-Matthews and team £355
- November 18-21 Pre-Advent Retreat. Fr Nicholas Stebbing CR £260

Day Retreats

- March 19 "Cader Idris 1: Paradoxes in a mountain landscape" Revd Canon Dr Mark Clavier £30
- April 30 "Cader Idris 2: Paradoxes in a mountain landscape" Revd Canon Dr Mark Clavier £30
- July 23 "Cader Idris 3: Paradoxes in a mountain landscape" Revd Canon Dr Mark Clavier £30
- August 3 Quiet Day. Fellowship of the Transfiguration £30
- December 3 Advent Quiet Day. Fellowship of the Transfiguration £30

Drop in Days

A monthly opportunity to pause for prayer and personal reflection – come for all or part of the day. Bring your own lunch. Coffee and tea provided. No charge, but donations welcome. No need to book. 10am – 4pm, Eucharist at 12 noon.

January 21st
May 13th
September 2nd

February 4th
June 3rd
October 7th

March 11th
July 1st
November 4th

April 15th
August 5th
December 2nd