



LLANGASTY

RETREAT HOUSE

The Mind in the Heart

Led by the Ven Martin Williams

Two one night retreats – beginning with coffee on the first day and concluding with lunch on the second day. Although designed as a series each retreat will be complete in itself.

Led by the Spirit, we shall seek to ponder the mysteries of faith, in the Liturgy, in the talks and in the silence, so as to allow our minds to descend to our hearts and to realise Christ's presence there.

4-5 September

The Shape of the Creed; the Paschal Mystery; the Gift of the Spirit; the Gift of Prayer.

6-7 November

The Mystery of the Church; the Communion of Saints; the Goal of Human Life - Life in the Trinity.

There will be plenty of silence, but also a time for discussion.

Fr Martin Williams is a retired Parish Priest and Archdeacon of the Church in Wales, previously a Tutor in New Testament at Chichester Theological College

Arrive 10am for 10:30am, depart after lunch on the second day.

Cost £90 each



Llangasty Retreat House, Llangasty, Brecon, Powys, LD3 7PX

Tel: 01874 658250

email: enquiries@llangasty.com

www.llangasty.com

Charity Number 1060743



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