



## Llangasty Retreat House Programme 2018



### Residential Retreats

- February 20-21 “The Mind in the Heart” Introduction: Repentance and Faith, How to think as a Christian, How to Pray. Ven Martin Williams
- March 12-14 “Lent: Season of Solidarity” Revd Canon George Bennett
- April 3-8 “Rest, Work and Play” Time set aside for individuals to come and read, walk and be refreshed. Stays from a single night available.
- May 8-9 “The Mind in the Heart” The Paschal Mystery: Incarnation, Passion, Resurrection, the Gift of the Spirit. Ven Martin Williams
- May 25-June 3 “Hay Festival Houseparty”. Stays from a single night available.
- June 18-21 “Christ’s Transforming Grace” Exploring how Christ’s transforming grace works in us and in our world through Scripture, liturgy, poetry music and art. Revd Colin Sutton
- August 6-13 CARM Fabric Arts “Embroidery and Prayer Retreat”. Janet Knox and Sue Ives
- September 4-5 “The Mind in the Heart” Church and Liturgy: Loving God and our neighbour, the Communion of Saints. Ven Martin Williams
- September 17-21 CARM “Exploring Creativity and Prayer Retreat”. Anna Smith and Revd Judy Dinnen
- October 1-5 “The Beautiful Life” Simon Parkes, whose books include “Pippa’s Progress”, “The Journey Home”, “One Minute Mindfulness” and the Abbot Peter mysteries.
- November 6-7 “The Mind in the Heart” The Trinity: Deification and the Goal of Human Life. Ven Martin Williams
- November 21-23 “Living in the light of the prophets” Reflecting on our lives in the light of the Prophets, finding renewed energy for action. Revd Canon Jeni Parsons and Revd Canon Ian Davies.

### Day Events

- July 23 CARM “Giving thanks for our Gifts” Exploring our gifts and celebrating them in word and prayer. Revd Judy Dinnen.
- August 4 “A Quiet Day for the Feast of the Transfiguration”. Ven Martin Williams and Revd Colin Sutton
- December 4 “Advent Quiet Day” Revd Colin Sutton

### Drop in Days

A monthly opportunity to pause for prayer and personal reflection – come for all or part of the day. Bring your own lunch. Coffee and tea provided. No charge, but donations welcome. No need to book. 10am – 4pm, Eucharist at 12 noon. See website or Drop in Day 2018 leaflet for dates

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