



## Llangasty Retreat House Programme 2017

### Residential Retreats

- April 17-21 "Rest, Work and Play" Time set aside for individuals to come and read, walk and be refreshed. Stays from a single night available. £70 per 24 hrs
- August 1-3 Summer Retreat Beverley Smith. £170
- September 8-10 "An Introduction to Silence" Rev Nick Helm. £170
- October 23-27 Individually Guided Retreat Rev John Hall-Matthews and team. £330
- November 27-30 "Isaiah: the Fifth Evangelist" Fr Martin Williams. £240

### Day Events

- February 28th "Living with a Celtic Monastic heart" Esther de Waal. £27
- April 4th Wilderness, Lenten day focusing on poetry and prayer. Rev Judy Dinnen £27
- August 5th Quiet Day, Fellowship of the Transfiguration. £27
- August 8th CARM day retreat Claire Watts. £30
- September 29th "Poetry as a way to God" Esther de Waal. £27
- December 5th Advent Quiet Day, Fellowship of the Transfiguration. £27

### Retreat Taster Days

An introduction to Retreat and to Llangasty Retreat House.

March 14th                      May 31st                      October 19th

### Drop in Days

A monthly opportunity to pause for prayer and personal reflection – come for all or part of the day. Bring your own lunch. Coffee and tea provided. No charge, but donations welcome. No need to book.  
10am – 4pm, Eucharist at 12 noon.

January 23rd	February 20th	March 20th	April 10th
May 8th	June 5th	July 3rd	August 7th
September 4th	October 2nd	November 6th	December 4th