



LLANGASTY

RETREAT HOUSE

Monday 19th March 2012

Jonah, the reluctant prophet

Led by Revd Janet Russell

A quiet day for Lent, for which our starting point will be the story of Jonah which, although deeply funny, grows out of a psalm of desolation and rescue:

“You hurled me into the deep,
into the very heart of the seas...
...But you brought my life up from the pit,
O Lord my God.”

The day offers an enjoyable opportunity to reflect on our own journeys into faith and to think about how and why we share God's love with others. There will be space for solitude and for creativity.

Janet has been a parish priest and a spiritual director and has been Director of Mission for the Diocese of Swansea and Brecon since June 2011.

Coffee 10.00am
Commence 10.30am

Cost £27.50

