



LLANGASTY

RETREAT HOUSE

Thursday 7th June 2012

A day to explore the relationship between our self esteem and our perceptions of God.

Led by Revd Eva McIntyre

"I used to think it was just me but now I know that it's not."

Using story (biblical and non biblical), poems and theatre skills, Eva will encourage participants to consider alternative ways to understand God's love and find a route to a greater sense of self worth.

Eva is a parish priest in the Diocese of Worcester. Her book, 'A Quiet Mind, Uniting body, mind and emotions in Christian Spirituality' will be available for those who are interested.



Coffee 10.00am Commence 10.30am

Cost £27.50

To book contact the Retreat House.

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